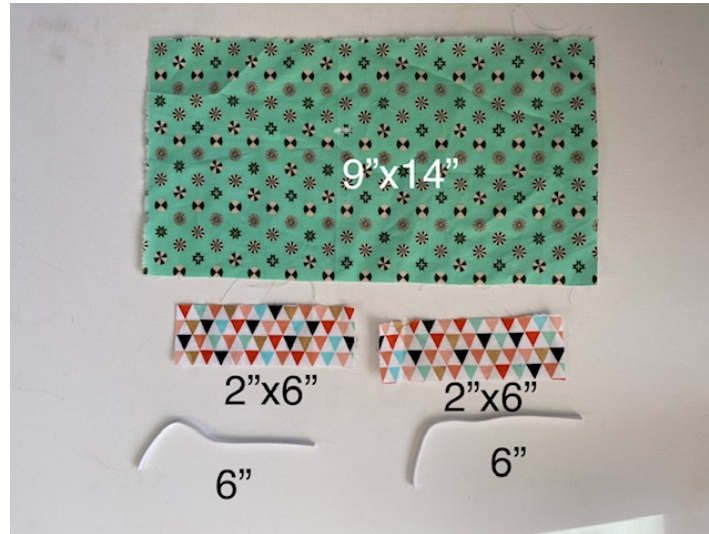


# How to Sew a Face Mask

## Materials



## Start Sewing

Step 1- Fold main fabric right side together on the long side Sew. Turn inside out and iron.



Step 2a. Fold inwards about 1" to form pleats on the short side of the fabric.



Step 2b-Form 3 pleats on each side. Pin down



Step 3-Sew the sides straight down



Step 4-Sew elastic inwards on both sides



Step 5-Fold side pieces half way on short side and iron down



Step 6-Line up raw edge of side piece to raw edge of main piece.



Step 7-Fold over the ends of the side piece on the back of the mask. Pin



Step 8-Sew on the front side of the side piece.



Step 9-Fold over the side piece and sew down. Repeat for other side.





View of the back after you turn it over



Finished back view